

5 Signs of an opioid overdose



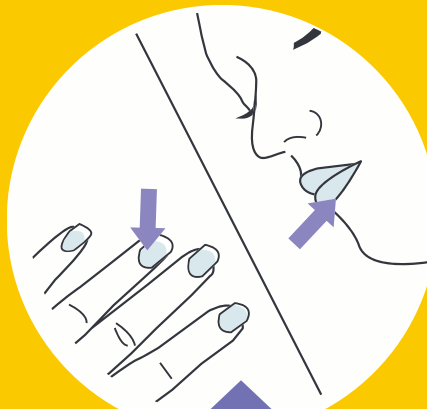
Unresponsive



Pale or ashen skin



Snoring or rattling breath



Blue or grey lips or fingertips



Shallow or no breathing

If you or anyone else is unwell call 999 straight away



Carry Naloxone - contact your local service or order a kit online

